

PROF. DR. IBRAHIM ABBAS YOUSSEF

MBBCH, MSC., MD

PROFESSOR OF ANESTHESIA

Personal Details

Name : Prof. Dr. Ibrahim Abbas Youssef
Sex : Male
Nationality : Egyptian Date of birth : 18 / 5 / 1952
Marital status: Married & have two daughters and one son
Address : Faculty of Medicine- El – Minia University
Hospital Head of department of anaesthesia El – Minia
Egypt
Tel : 002 - 086/ 2369370 - 002 086 / 2366553
Mobile: 002 - 0122189805
E.Mail : Ibrahim abbas 2005 @ yahoo.com.
Occupation : Proffessor of anaesthesia and intensive
Care, El-Minia University Hospital.

Qualifications

1976 : MBBCH . very good degree Assuit Medical college,
Assiut University, Egypt .
1981 : M.Sc (Anesthesia) . very good degree
Assiut Medical college AssiutUniversity,Egypt
1986 : M.D (Anesthesia) .Assiut Medical College,
AssiutUniversity,Egypt

Experience

21 years post graduation.

Hospital Appointments

Present Appointment :

- February 1995 : Till now proffessor of anesthesia and intensive care . El-Minia University Hospital, Egypt

Management Experience :

I have good experience in administrative work.

- I take the position of head of anesthesia and ICU departments in El-Minia – University Hospital (Egypt) about 15 years.

-Vice of general director of El-Minia University Hospital Egypt
(two years) .

-General director of El-Minia university private Hospital (Egypt)
(three years) .

-General director of El-Minia University Hospital (Egypt) (two years).

-I am an active member in most of hospital committee .

-I am a liaison anesthetic for annual budget holder for theatres equipment and pharmacy .

Previous Appointments :

-January 1991 to January 1995 : Assistant professor Anesthesia . El Minia University Hospital , Egypt .during this period I joined Saudi Arabia as a Consultant Anesthesia in King khalid Hospital – Hail from February 1992 to July 1994

- December 1986 to Jan 1991: lecturer Anesthesia ; El-Minia University Hospital.

-March 1978 to April 1986 : Resident then Assistant
t lecturer in Anesthesia Assiut University Hospital , Egypt .

-March 1977 to February : House officer Assiut University Hospital , Egypt

Clinical Experience

Summary

After completing my house officer job, I began postgraduate training in Anesthesia at Assiut University Hospital That is considered the biggest tertiary referral hospital in upper Egypt (2000, beds) with all specialties and sub-specialties departments . During the resident years, I achieved competence in the anesthetic management of all the routine cases including general surgery, orthopedic surgery, obstetric & gynecological anesthesia, vascular surgery, neurosurgery, plastic surgery, pediatric anesthesia, urology (surgical

& endoscopic) , ENT and Eye surgery and maxillofacial surgery with on – call commitment of I in 3 for emergency cases . My work was fully supervised either in the theatre or in the hospital . When I was assistant lecturer in anesthesia (1981) in the same hospital involved a greater responsibility in anesthetic management and opportunity was provided to undertake more complicated operations under less supervision . In 1984, I was transferred to El-Minia University Hospital that is the next second university in the Upper Egypt, where I was the most senior staff in anesthesia department. I was an active member in the development & instruction of anesthesia & ICU departments as regards the structure, plan, equipment, materials, recruitment and established policy & procedure for the new departments . At the same time, I was in close contact with Assiut University until I get my MD. degree in anesthesia in 1986 . After that I settled in El-Minia University Hospital as a lecturer in anesthesia and I was involved in the teaching program for under and post graduate, candidates as well as an examiner for them and I was supervisor of the thesis submitted in anesthesia department for M.Sc & M.D. degrees . I was acting head for the department since getting M.D. degree till now . I was an attendant speaker & chairman of session in most local, national & international symposia & congresses of anesthesia, ICU & Pain management .

Some of international congress outside Egypt:

- As speaker in international shock congress Hamamatsu, (Japan 1995)
(comparative effect on haemodynamics of enoximone and dobutamine cardiopulmonary bypass) .
- Attendance the ASA congress of anesthesia in 19-23 October 1996 in
New – Orleans USA .
- Attendance the international congress of anesthesia and ICU in
Frankfort, Germany 1998
- As speaker in international congress for pain relief in Vienna & Austria 1999
“Mu” versus “Kappa “ receptor agonists for preemptive analgesia.
- Attendance of six pan Arab congress on anesthesia, and ICU pain
control ,Emergency & Disaster medicine in Abu-DHABI 17-21
January 2000 (United Arab Emirates) .
- ASA congress in San Francisco October 2000 USA .

- 13th world congress of Anesthesiologists Paris, April 18 – 23 , 2004.

I published several single & combined researches in local and national Journals of anesthesia, ICU and pain.

I have *membership* in the following societies:

- Egyptian society of Anesthesiology .
- Egyptian society of pain relief .
- Egyptian cardiothoracic Anesthesia society .

In 1992, I Joined Saudi Arabia as a consultant anesthesia & ICU in King Khalid Hospital – Hail for about two and half years .

Practical procedures

I am competent at performing the following procedures .

- Spinal, epidural, and combined- spinal epidural techniques .
- Caudal block .
- I.V. regional block anesthesia .
- Laryngeal mask insertion .
- Peripheral nerve blocks .
- Arterial canulation .

Specialized Training

-OBSTETRICS AND ACUTE PAIN

I am competent in the technique of the epidural analgesia for labor and in spinal, epidural, combined spinal epidural and general anesthesia for caesarian section . I am interesting for managing post operative pain by using different methods for pain relief .

-PEDIATRIC ANESTHESIA:

I have an experience in pre-operative evaluation & preparation, operative and post-operative care of neonates, infants and children . This included inhalation induction, regional blocks, monitoring and fluid resuscitation . I did so many elective operations and emergencies including bronchoscopy for inhaled foreign bodies .

-LAPAROSCOPIC SURGERY

I have an experience in anesthetic management in laparoscopic surgery and managing the post operative pain relief using preemptive analgesia, epidural analgesia or combined methods .

-TRAUMA

I was regularly involved in the management of major trauma both on arrival, and Subsequently in theatre as well as their care in hospital's intensive care unit .

-NEUROSURGERY

I am competent in the anesthetic management of different varieties & neurosurgical patients including elective and emergency operations.

-ANESTHESIA FOR GERIATRIC PATIENTS

I have an experience in pre-operative valuation & preparation, operative management & post-operative care of Geriatric patients including all types of operations (elective and emergency)

-THORACIC ANESTHESIA

I can give one lung anesthesia using double-lumen tube for different thoracic surgeries need isolation of one lung, together with preoperative, operative & post-operative management .

-MANAGEMENT OF SHOCK AND ELECTROLYTES IMBALANCE

I have an experience in the management of different types of shock and Electrolytes imbalance in theatres or in ICU .

Research & Audits

- To complete the requirements for the M.SC degree (1981) My thesis was on : Central venous pressure during anesthesia .
- The thesis for the M.D degree (1986) Was on Changes in Electro cardiogram(ECG) and myocardial enzymatic changes accompanying induced hypotension .

- From 1986 to 1990 : twelve single & combined researches were published in national Egyptian Journals of medicine and pain for the up-graduation to the position of Assistant professor in Anesthesia .
- From 1990 to 1995 : Fourteen single & combined researches were published for up-graduation to the position of professor in Anesthesia

Some of the latest publications :

-Peri operative evaluation of patients with liver cirrhosis .

El-Minia Med. Bull; Val.12, No. 1, Jan. 2002

-Comparison of induced and recovery characteristics of sevoflurane and halothane in pediatric anesthesia El-Minia – Med . Bull; Vol. 12, No. 1. jan. 2002

-Hemodynamic effects of Doxacurium chloride and pancuronium bromide in patients undergoing mitral valve replacement Egypt. J. Anesthesia, vol; 15, No. 1 (suppl.) Jan. 1999

-A simple effective regional technique for eye surgery El-Minia Med. Bull. , vol; 12, No. 1 Jan. 2001

-Prevention of postanesthetic shivering using Nefopam and clonidine, A double-blind, Placebo controlled study El-Minia Med., Bull., vol. 12, wo.2, June 2001

■ *I was supervisor of M.Sc and M.D thesis submitted in Anesthesia department. Faculty of Medicine El-Minia University*

, (24 M.Sc and 25 M.D. thesis).

■ *I am sharing as a member of scientific committee for discussion M,Sc and M.D thesis and for examination of master and Doctor degrees in Egypt .*

Some Courses and conferences Attended:

-The First conference for the Egyptian cardiothoracic Anesthesia society (27-29 April 2005, Cairo, Egypt) (as a chairman of session)

-21st Anesthesia international Egyptian conference 1-3 March 2005, Cairo, Egypt) (as a chairman of session)

-Dubai international Anesthesia & intensive care conference & Exhibition (as attendance) 8-10 March 2005 (United Arab Emirates) .

-The 3rd Annual scientific conference (April 7-8 2005 El-Minia – Egypt) (as a chairman of session)

- The 20th anesthesia international Egyptian conference, Luxor 2-5 March 2004 (as a chairman of session)**
- Attended the 9th international congress of the Egyptian society of Hepatology, Gastroenterology & Infectious Diseases, 3-6 October 2004, Cairo, Egypt**
- 8th Alexandria Anesthesia and intensive care conference, 29 September – 1 October 2004 Alexandria – Egypt (as a chairman of session)**
- Attended the 46th congress National de la société Française d' Anesthésie et de Réanimation 9es Journées Nationales des infirmiers (e)s Anesthésistes Paris 17 et 18 avril 2004**
- 13th world congress of anesthesiologists, Paris, April 18 – 23, 2004**
- As speaker in the congress of Gastrointestinal Endoscopy March 21-22, 2002 El-Minia, Egypt. (Presenting the subject on sedation, Analgesia and Monitoring of patient undergoing gastrointestinal endoscopic procedures**
- 6th international congress of Gastrointestinal endoscopy (18 credit hours) January 15-18, 2001 Cairo – Egypt .**
- The 6th international congress on patients safety during Anesthesia, intensive care & pain management 23-25 Jan., 2001, Cairo, Egypt . (as chairman of session) .**
- As president of the first conference of pediatric Anesthesia, intensive care and pain management, El-Minia, 23-24, March 2000 Egypt**
- The 2nd conference of Anesthesia, intensive care & pain management 15-17 November, 2000 Assiut University, Egypt (as chairman of session)**
- The Egyptian international congress of pain, 5000 years to the New Millennium, 10-14, October, 1999 Pyramide Sharm El-Shikh, Egypt**
- 1st international meeting of the Egyptian working group on critical care medicine 10-14 April, 2000, Cairo, Egypt**
- 6th Annual conference on Mishaps & Adverse Reactions in Anesthesia & Intensive care practice, 27-29 September, Alexandria, Egypt (as chairman of session)**
- The third Damietta anesthesia, intensive care & pain conference (Advanced life support 28-30 June, 2000 Ras El-Bar, Egypt**
- Sixth pan Arab congress on Anesthesia, intensive care, pain control, Emergency & Disaster medicine Abu DHABI 17-21 January 2000, United Arab Emirates**

- Annual National Anesthesia meeting 15-18 February 2000 – Cairo, Egypt (as chairman of session)
- 4th international congress on patient safety 24-26 February, 1999 – Cairo, Egypt
- The 4th Alexandria annual conference on Anesthesia and High Risk patient 7-9 October, 1998
- The first conference of Anesthesia, intensive care and pain management 1-3 December, 1999, Assiut, Egypt (as chairman of session) .
- The second Damietta Anesthesia, Intensive care & pain conference (patient care in the new Millennium) (as chairman of session) 23-25 June, 1999 El-Bar, Egypt .
- 15th annual meeting on pain research & therapy 12-15 November, 1998, Zaafarana, Egypt .
- The 3rd Alexandria annual conference on post operative care 25-26 September 1997 Alexandria, Egypt .
- 5th pan Arab congress on Anesthesia, intensive care, pain relief 9-12 December, 1996 Cairo, Egypt .
- 11th Annual meeting of the Egyptian Anesthesia congress 28-31 1995 Cairo, Egypt .
- The IV middle East international congress on pain and continuing care. 2-7 October 1994 Cairo, Egypt (as a speaker presenting a work on trans – sacral phenol versus cryotherapy in treatment of pain in bladder cancer .

Management Experience :

- I have good experience in administrative work.
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- General director of El-Minia university private Hospital (Egypt)
(three years) .
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- I am an active member in most of hospital committee .

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Referees

-Prof. Ibrahim Talaat

Professor Anesthetist El-Minia University Hospital, Egypt Mob. 002 0102760672

-Prof . Mohamed A. Bakr Professor Anesthetist

Dean of Faculty of Medicine Assiut University, Egypt Mob. 002 0123213370

-Prof . Hamdy A. Youssef

Professor Anesthetist Assiut University Hospital, Egypt 0122104876.

-Prof. Yehia Khater

Professor Anesthetist Cairo University Hospitales Mob .0020123958418

M.SC Thesis

- Intra venous sedation during spinal analgesia Diazepam versus midazolam (1990)**
- Clinical evaluation of midazolam and ketamine (1990)**
- Comparison of laryngeal mask airway and tracheal intubati during spontaneous respiration (1995)**
 - Comparative study of Nefopam and clonidine in the prevention of postanesthetic shivering (2000)**
 - Comparative study of the effect of clonidine and lisinopril on the pressure response to laryngoscopic intubation during induction of general anesthesia (1994)**
- Epidural versus general anesthesia in patients with pregnancy- induced hypertension (1994)**
- Combined spinal epidural block versus spinal and epidural block for operations below the umbilicus (1994)**
- Evaluation of onset and intubation conditions of rocuronium in comparison with suxamethonium (1995)**
- Evaluation of propofol for tracheal intubation (1995)**
- Comparative study of ondonsteron, droporidal, metoclopramide and placebo in prevention of nausea and vomiting after day case gynecological laporascopy (1996)**
- Postoperative analgesia in childern (1995)**

- The effect of premedication with H₂ receptor antagoist on thermoregulation of body temperature during general anesthesia (1996)
- Evaluation of Mu versus kappa receptor agonists for preoperative analgesia (1996)
- Comparative study between the effects of isoflurone and halothane on liver functins of normal versus previously sensitized liver (1996)
- Intrathecal calcitonin and a possible mechanism of action (1997)
- Intrathecal neostigmine versus morphine for post- operative analgesia (1997)
- Comparative study of induction and recovery characteristics of sevoflurane, isoflurane and halothane in childern (1999)
- Electrocardiographic and heart rate variability changed during cesearan section under spinal and epidural (1999)
- Total intravenous remifentanyl, propofol combination versus sevoflurane for day case surgery (2000)
- Perioperative evaluation of patients with liver cirrhosis (2000)
- Sevoflurane versus halothane in pediatric ocular surgery (2001)
- Effect of intrathecal clonidine and fentanyl with hyperbaric ropivacaine during casearian section (2002)
- General versus spinal anesthesia in preeclamptic patients undergoing casearian section (2004)
- Isobaric ropivacaine versus isobaric bupivacaine for spinal anesthesia in orthopedic surgery . (2004)

M.D. Thesis

- Comparison of enoximone and dobutamine for low ouput states following cardiac surgery (1991)
- Pain relief in bladder cancer (1991)
- Regional anesthesia for eye surgery . The peribulbar block development of a simple effective technique (1993)
- Epidural analgesia versus acupuncture for management of post lumbar laminectomy pain (1993)

- Comparison study of the Hemodynamic effects of dexacurium chloride and pancuronium in patients undergoing open heart surgery for mitral valve replacement . (1993)
- Comparative study between intrapleural and extradural analgesia for postoperative pain relief in upper abdominal surgery . (1993)
- Hemodynamic changes during total intravenous propofol anesthesia in cardiac patients undergoing non cardiac surgery (1994)
- Total intravenous versus inhalational anesthesia for one lung ventilation during thoracic surgery (1995)
- Core hypothermia and skin surface temperature gradients in epidural versus general anesthesia and the effects of age (1995)
- Efficacy and kinetics of extradural ropivacaine in comparison with bupivacaine (1997)
- A study of the neuromuscular and cardiovascular effects of mivacurium chloride during general anesthesia (1997)
- Comparative study between sevoflurane and isoflurane during general anesthesia on the renal and liver functions (1998)
- Metabolic and immunological responses after head injury (1999)
- Atracurium versus cisatracurium as muscle relaxants and histamine release (2000)
- Evaluation of the outcome of medical treatment versus hypothermia in patients with head injury (2001)
- Acute pain and the immune response (2002)
- Predictors for mechanical ventilation in COPD & patients with acute exacerbation (2003)
- Comparison study between hypothermic versus normothermic cardioplegic techniques in CABG surgery (2002)
- Liver function tests following general single inhalational anesthesia with halothane, sevoflurane, isoflurane in ophthalmic operations (2002)

- Comparison of two different anesthesia regimens in patients undergoing CAPG, isoflurane, fentanyl pipcuronium versus remifentanyl- propofol - cisatracurium (2002)
- Different anesthetic techniques for laparoscopic surgery (2004)
- Effect of intrathecal morphine and fentanyl for pain relief and rapid extubation after open heart surgery (2004)
- Analgesic,potency,&maternal effects of levabupivacaine, and bupivacaine in labor (2004)
- Postoperative cardiac outcome as a result of induced hypotension using epidural versus general anesthesia (2004)

Discussion of Following M.D thesies in the different universities in Egypt :

- Evidence of lung damage after cardiopulmonary bypass in open heart surgery . Faculty of Medicine Assiut university 1998, Egypt .
- Comparative clinical study between total intravenous anesthesia with propofol and conventional techniques for thymectomy in myasthenia gravis . Faculty of Medicine, Menoufiya university , 1999 Egypt .
- Clinical valuation of Mivacurium chloride in chronic liver diseases A comparative study with Atracurium . National Cancer Institute, Cairo University 2001 Egypt .
- The Mechanism of neuroaxial calcitonin Analgesia. Sohag Faculty of medicine, south valley university, 2002 Egypt .
- Comparative study between sympathetic neural blockade and pharmacotherapy in upper abdominal cancer pain . National Cancer Institute, Cairo university 2002 Egypt .
- The role of Non-Invasive continuous positive pressure ventilation in the intensive care unit faculty of Medicine, Assiut University 2002 Egypt .

Discussion of Following MsC. Degree thesis in the different universities in Egypt :

- Attenuation of the cardiostimulatory effect of ketamine by clonidine and lignocaine . Faculty of Medicine – South Valley University 1996 Egypt .

- Interpleural and paravertebral analgesia in thoracic surgery (comparative study) . Faculty of Medicine, Assiut University , 1999 .**
- Effect of methylprednisolone on interleukins during open heart surgery . Faculty of medicine, Assiut University 1999.**
- Comparison between intrathecal narcotics and epidural local anesthetics for obstetric analgesia . Faculty of medicine, South valley University 1999 .**
- Comparison of propofol, versus ketamine for anesthesia in pediatric patients under going cardiac cathetrization . Faculty of medicine, Assiut University 1999**
- Postoperative analgesic effect of intrathecal midazolam and its influence on spinal anesthesia . Faculty of medicine, South vally University 2000 .**
- Postoperative analgesic effect of intrathecal neostigmine and its influence on spinal anesthesia . Sohag faculty of medicine, South vally University 2000 .**
- Comparative study of the hemostatic effects of hydroxyethyl starch and conventional crystalloid as priming solution in cardiopulmonary bypass . Faculty of medicine, University of Alexandria 2000 .**
- Interscalene versus supracostal approach in brachial plexus block . Faculty of medicine, Assiut University, 2000 .**
- The efficacy of clonidine administration on post-operative shivering following halothane, sevoflurane and continuous intravenous propofol anesthesia . Faculty of medicine, Assiut University 2002 .**
- Comparison of propofol versus sevoflurane for laryngeal mask air way insertion . Faculty of medicine, Assiut University 2002 .**
- The effect of different time intervals of pre-oxygenation on the safe apneic period following induction of anesthesia . Faculty of medicine, Assiut University 2002 .**
- Studying the relation between the change in acid base balance of the blood due to increase in chloride ions and the rapid I.V infusion of normal saline in patients under going major surgery . Faculty of medicine, Assiut University 2003 .**
- Reduction of occurrence of hypotension during spinal anesthesia for caesarian section: Prophylactic intramuscular ephedrine versus fluid preload . Faculty of medicine, Assiut University 2003**
- The use of dexamethasone as a prophylaxis of nausea and vomiting after epidural morphine for post caesarian section analgesia . Faculty of medicine, Assiut University 2004 .**

- Sevoflurane anesthesia in children, induction and recovery criteria . Sohag faculty of medicine, South Vally University 2004)

-Tramadol versus pethidine added to lidocaine for intravenous regional anesthesia . Faculty of medicine, Assiut University 2005